










REV3 ADVENTURE FAMILY COURSE OVERVIEW



Total Dist.*		Activity Description
		The adventure will start on April 22nd as teams congregate at Shenandoah River State Park in Bentonville, VA to receive high-quality maps and instructions. Racers will then have to figure out a race strategy. Swag will be flowing freely and team photographs will be taken.
		Teams will be provided with marked-up maps showing the location of checkpoints that will guide them on their adventure. A will race briefing will be conducted 30 minutes before the race starts and race staff will be answering question as teams check-in for the race.
0.4		After taking off from the starting line at 09:00 am sharp, teams will trek to pick up their passport during a 0.4 mile prologue. The passport will be located somewhere in the Shenandoah River State Park.
0.3-1.5		After collecting the passport teams will head to the river. PFDs, single-blade paddles, and identical boats will be provided. Teams will get a single craft that can carry up to three people. This section will provide another great opportunity for pictures and encouragement by your dedicated supporters.
1.5-2.0		Teams get to jump out of the boats, stretch their legs and collect a few check points on foot.
2-3		Teams will head back to the boats and paddle to another check point further down the river.
3-3		After unloading from the boats, teams will transition to the team challenge. This will be a great place for families and friends to encourage and watch as teams transition from their canoes and participate in a fun challenge that should provide lots of laughs for everyone involved.
3-4.5		With passport in hand, teams will navigate to checkpoints along park roads and hiking trails. Shenandoah River State Park has great spots for spectators to support their favorite racers. Teams will collect 2 to 3 checkpoints in the park on foot. The trekking section is not very technical. If you can read a trail map, locating checkpoints and navigating your route should not be a problem. If you can't read a trail map, ask a volunteer for directions to a nearby checkpoint.
4.5-7		After completing the trekking section, teams will collect 3 more checkpoints by bike. Teams will then return to Bentonville Landing to cross the finish line.
		<p>The team with all mandatory checkpoints and the fastest time will be declared the race winner and granted full bragging rights. Teams will then spend the rest of the afternoon relaxing, enjoying good food and great atmosphere, receiving awards, and random drawings for prizes.</p> <p>The checkpoints will be easy to find if you can read a trail map. We took some of our favorite children out on the course and pre-ran it to make sure everyone will have a good time. You will not find anything technical or difficult on the course. The trail parallels the river and only has one small downhill section. Adults will be able to ride hybrid bikes on this section without any problems.</p>

*Distances are approximate and will vary depending on route choice

More information can be found at www.rev3adventure.com